

## « This is ME »

(Author's Explanation)



The day I composed this piece, was not a planned day. I usually think I have all my days plan, but truth be told I do things better when I am under pressure and honestly without a clue as to where to start off. I was in a workshop of Peer Forward of my school and the neighboring school.

The goal was to write an essay or resume for our desired colleges, but first we were tasked to write about ourselves without using “I”.

This was a hard task, at the beginning I was doubting myself, because I had not understood there were other ways to talk about who I am as an individual, without using “I”. Using this pronoun gives you a sense of ownership to your words, and when you are instructed that you cannot use it, it feels like you are pushed to think out of your comfort zone, and that is scary. I as a writer sometimes think twice of how my pieces are going to be perceived and what will they impact be.

I don’t like that feeling personally, because it showers you with hesitation that is not needed. “This is Me” is definitely is one of my most dear treasures, because not only does it represent me but also represents my hardships in life, my emotional and mental health which I have battled with. Looking back at all my works found in the book “Tell Me”, I can claim that my growing has been very astounded, and usually I don’t recognize my growing, but sometimes is good to so. “My name is Alondra”, that is usually how many of us thought we were going to start our piece, yet out of 13 of us only one use this phrase, and the rest of their words were not as powerful as the rest of us. As the audience to their words, I learned about the person growth, and ability. I saw myself from 2 years in their words.

When I read to myself “This is Me”, I feel the words almost gushing but hitting the mark with just the right amount of potential as they leave my mouth and it feels great. I am a lark, my name means Lark in English, and I used to not like my name. But I have come to embrace every letter in it, from the first A to the last. When I read “We Grow Up”; another piece from “Tell Me”, I think back to “This is Me” and how I have conveyed my message.

“This is Me” actually is written as a time line, an as art of abstract feelings. Everybody has had their times where they feel sad, depress and helpless, I express that in “This is Me”. I express the hurt of believing there is no fixing to who are, the low self-esteem and the hunting of society’s expectation being portray daily in the young. The young ones that are in a path of self-discovery and the struggle it has been to survive. So “This is Me” is just about ME, as another individual of the so-called society.

*-Alondra h.s.*