

Professional Boundaries Resources:

Here are some additional resources to support setting and maintaining professional boundaries amongst staff in your program.

Setting Healthy Workplace Boundaries:

<http://ucsfhr.ucsf.edu/index.php/assist/article/setting-healthy-workplace-boundaries/>

Article: 10 ways to build and preserve better boundaries

<http://psychcentral.com/lib/10-way-to-build-and-preserve-better-boundaries/0007498>

Penn State: Setting Boundaries at work:

http://www.pennbehavioralhealth.com/documents/setting_boundaries_at_work.pdf

Professional Boundaries, Inc:

About: Professional Boundaries, Inc. is not just a company, but a consortium of dedicated professionals from across the country that serves as our core teaching faculty. They are united through our shared mission and their nationally recognized expertise in the field of boundary education, evaluation and treatment of impaired professionals and in the rehabilitation of professionals from all fields.

The Smart Boundary™ Workshops, Seminars and Training Programs are designed with a focus on prevention and risk management. Additionally, we offer regularly scheduled training and rehabilitation programs for professionals dealing with professional boundary issues or violations. These CME approved programs have been approved by most states' regulatory / licensing boards to comply with and fulfill required course work pertaining to boundary transgressions and violations.

NASW's Setting and Maintaining Professional Boundaries:

Link: <http://careers.socialworkers.org/documents/Professional%20Boundaries.pdf>

Sample policy on professional boundaries:

Link:

http://mentalhealth.vermont.gov/sites/dmh/files/Archives/VSH/Policy_Comm/sectionD/VSH_ProfessionaI_Behavior_and_Personal_Boundaries_Policy.pdf

Activity to foster creating boundaries:

Link:

http://mentalhealth.vermont.gov/sites/dmh/files/Archives/VSH/Policy_Comm/sectionD/VSH_ProfessionaI_Behavior_and_Personal_Boundaries_Policy.pdf

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Professional Boundaries Resources:

RHYTTAC resources on professional boundaries – webinars “Compassionate Supervision” and “RHYTTAC Understanding and Managing Personal/Professional Boundaries” are available from our eLearning site – to register, if you are not already, please click [here](#)

Also, on RHYTTAC’s Communities of Practice, there are shared policies and procedures from agencies as well as several discussions on professional boundaries. It is a great way to connect with grantees across the country about common topics for programs. Click [here](#) for more information about Communities of Practice or if you are already signed on – start a new conversation.