# **Unaccompanied Youth Intervention Model**

#### FOCUS BASED ON RISK AND PROTECTIVE FACTORS



**ESTABLISH** screening and assessment tools and processes

Screen and assess based on risk and protective factors

**PLAN** system strategies and service array considering levels and types of risk and protection

2

intervention strategies with fidelity and attention to practice frameworks

3

2

Target individual plans to decrease risk factors, increase protective factors, and reflect youth's goals

3

Match effective, culturally appropriate interventions

4

Monitor progress and adjust services as needed

SYSTEM- AND ORGANIZATION-LEVEL PLANNING

YOUTH-LEVEL PLANNING

STABLE HOUSING
PERMANENT CONNECTIONS
WELL-BEING
EDUCATION OR EMPLOYMENT

G WILLIAM

**EVALUATE** impacts

5 **REVISE** system strategies and programming based on new evidence

# SYSTEM- AND ORGANIZATION-LEVEL CONSIDERATIONS

# LIKELIHOOD OF RISK

Time Experiencing Homelessness and Disconnection

less timemore timeLOWER RISKHIGHER RISKHIGHER PROTECTIONLOWER PROTECTION

#### **RISK AND PROTECTION GROUPS**

#### RISKY

High risk factors, low protective factors

#### AT-RISK

High risk factors, some protective factors

#### **LOWER RISK**

Low-to-medium risk factors, high protective factors

### **2** TARGETING PLANS TO FACTORS

#### **RISK FACTORS**

Problematic symptoms, behaviors, associations

- · Trauma
- · Emotional distress
- · Sexual risk behavior
- Family problems
- Criminal or delinquent behavior
- · Substance abuse

#### **PROTECTIVE FACTORS**

Positive skills, attitudes, behaviors, associations

- Family cohesion and support
- · School engagement or employment
- Survival skills
- · Positive connections
- · Positive future expectations
- · Decision-making skills
- · Self-esteem and self-efficacy
- · Health

# **3** IMPLEMENT

#### **INTERVENTION STRATEGIES**

- Housing
- · Treatment
- · School and community programs
- · Family supports

## **PRACTICE FRAMEWORKS**

- Positive youth development
- · Trauma-informed