

Talk It Out Thursday Resources: Innovative Independent Living Skill Curriculums or Examples

[Family Care Network, Inc:](#)

The Family Care Network is a private, nonprofit children and families services provider established in 1987 with the sole purpose of creating family-based treatment programs as an alternative to group home or institutional care for children and youth. In its 25+ year history, the agency has grown to serve over 1,400 children, youth and families annually in San Luis Obispo and Santa Barbara counties through 17 distinct programs designed to strengthen and preserve families and individuals.

Link to description of their [Lifebook for Transition Age Youth](#)

[Independent Living Resources, Inc](#)

Independent Living Resources, Inc. (ILR), specializes in producing, researching, and marketing products for educators, human service staffs, and anyone involved in youth development. Our primary areas of focus are adolescents, life skills (interdependent living), foster care and adoption services, group and residential care, at-risk youth, and workplace safety for human service staffs. Products include books, videos, training curricula, multimedia (CD, DVD), and Internet web-based materials.

Samples Innovative ILS tool on various topics:

[Bed-Sider](#) : birth control methods – an interactive, online tool that talks about various types of birth control

[Arise](#): various IL skills resources

[Money Habitudes](#) Money Habitudes tackles serious business: helping people talk about money, understand financial psychology and explain their money personality type. [Teen and young adult options](#)

[On Your Way](#) This site introduces Jamal, a former foster youth who is now a senior in college. Jamal takes youth through a series of videos that provide information foster youth need to know, as well as training and coaching on each of several key areas. Even more important, the site provides a secure place for youth to store all of their personal information. Really very easy and focused, facilitated by foster youth.

Operated by:



Sponsored by:

